



THE CONSORTIUM
ACADEMY TRUST

27 February 2026

Family Help Practitioner drop in sessions



**THE
HESSLE
ACADEMY**

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Dear Parent/Carer

We are pleased to let you know that Carol Dodsworth, our Family Help Practitioner, will be offering drop-in support sessions on **Thursday 19 March, between 8.00am and 11.30am.**

Appointments can be held in person or over the telephone, depending on what works best for you. Carol's role is to provide timely, flexible support to help prevent concerns from escalating, strengthen family resilience, and ensure children can thrive both at home and in school. She works closely with families to build strong links between home, school and the wider community. She can offer early help and direct support with a wide range of challenges, including:

- Behaviour and routines
- School attendance
- Emotional wellbeing and mental health
- Financial or practical difficulties
- Coordinating support from different agencies
- Developing whole family plans to build long-term resilience.

Carol works in schools, homes and community settings, helping families build skills, find solutions, and feel empowered.

If you would like to book a drop-in slot, please call the school office on 01482 648808 to book either an in person or telephone appointment.

Sessions are allocated on a first-come, first-served basis, **however, we are hoping that this will be the first of many sessions that we are able to offer.**

Thank you, as always, for your continued support.

Yours faithfully

Mrs C Shiels
Headteacher