



The Eagle

Newsletter



Year 7 - Volume 5

The Duke of Edinburgh Award

At Hessle High School, two levels of The Duke of Edinburgh Award (DofE) are run: Bronze in Year 9 and Silver in Year 10. The Awards have proved popular and successful for the past 5 years since it has been reintroduced to the school, with over 300 students participating.

The DofE Award is a unique and highly regarded program that offers our students the chance to develop personally, socially, and physically.

The award requires students to balance schoolwork, extracurricular activities, and the DofE commitments. This teaches effective time management and prioritization, teamwork, leadership, collaboration and communication skills.

Here's why students join the program!

- Pushes students outside of their comfort zone
- Building mental and emotional resilience
- How to deal with adversity
- How to push through difficult situation

The volunteering section, which is personally my favourite, encourages our students to contribute to their local community, whether that's through helping a charity, working with younger children, or supporting environmental initiatives. This fosters a sense of social responsibility.

Many employers and universities value the skills and qualities that DofE participants develop, such as leadership, dedication, and problem-solving. It also looks impressive on any CV/college application. The experiences, especially the expeditions and teamwork, can also create lifelong friendships and memories.

By taking part in the DofE Award, students gain not just a certificate, but a comprehensive set of skills and experiences that are highly valued; providing an opportunity for growth, learning, and adventure, all while enhancing employability and contributing positively to society. For whatever reasons students decide to join the DofE Awards, I am proud of each of our them - past and present, not forgetting our amazing staff who support them to challenge themselves.

I must also thank our parents who allow them to undertake this wonderful opportunity.

Kind Regards
Miss K Moore



Head of Year 7 Updates

As we head into the final term of the year, we begin to reflect on a successful first year at Hessle High School and look forward to some of the celebrations, events and rewards still to come in these final weeks. Next week marks the start of a week-long Modeshift campaign, a project involving twenty-one of our Year 7 students pitching their ideas for “ditching the car” and encouraging us to walk, cycle or use public transport. Back in February, seven of these students successfully pitched their ideas at County Hall in Beverley, securing £450 of funding to support their work. This was a highly successful event last year and I’m sure our Year 7 students will build on this and put on a fantastic week of activities.



Our chosen school value to focus on in this edition is “Respect”. Respect is one of our core values; explaining the importance of respect to students is essential in helping them build strong relationships, a healthy learning environment, and lifelong values.

This value is essential for fostering a positive and inclusive atmosphere for all our students. Respect goes beyond mere politeness; it involves understanding and appreciating our differences, and treating others as we would like to be treated ourselves.

Why is Respect Important?

- **Builds a Positive Environment**
When we respect our classmates and teachers, everyone feels safe and valued. This helps create a classroom where people can focus, learn, and feel comfortable being themselves.
- **Strengthens Relationships**
Respect helps us make and keep friends. When you treat others well, they’re more likely to treat you the same way.
- **Teaches Responsibility and Discipline**
Respect includes following rules, being honest, and doing your part. This helps you grow into a responsible and trusted person.
- **Encourages Open-Mindedness**
We all have different ideas, cultures, and opinions. Respecting others’ views—even when we disagree—helps us learn and understand more about the world.
- **Reduces Conflicts**
When we speak and act respectfully, we avoid arguments and fights. It’s easier to solve problems when we treat each other with dignity.

Head of Year 7 Updates

How Can a student Show Respect?

- ☐ Listen without interrupting
- ☐ Use polite language: "please," "thank you," "excuse me"
- ☐ Treat school property and others' belongings with care
- ☐ Accept others' differences without teasing
- ☐ Follow classroom rules and instructions

Respect is not just about how they treat others—it's also about how they treat themselves. When they show respect, they make school a better place for everyone.

As always, our Year 7 Shout-Outs have been submitted by staff involved in teaching and working with the year group. Below are just a few of the examples of the Respect shown by our students both to others and to themselves:

Ellie F (7C3) *"Thank you for everything you have brought to the classroom this year. You have made a huge impact on the class and it's been a pleasure to teach you every week. Your enthusiasm, humour and determination to succeed have been outstanding."* **Mrs Horrobin**

Millie T (7P1) *"Millie is always smiling, always willing to lend a hand and treats others with respect. She's also a huge help with the Wordle!"* **Mr Hossack**

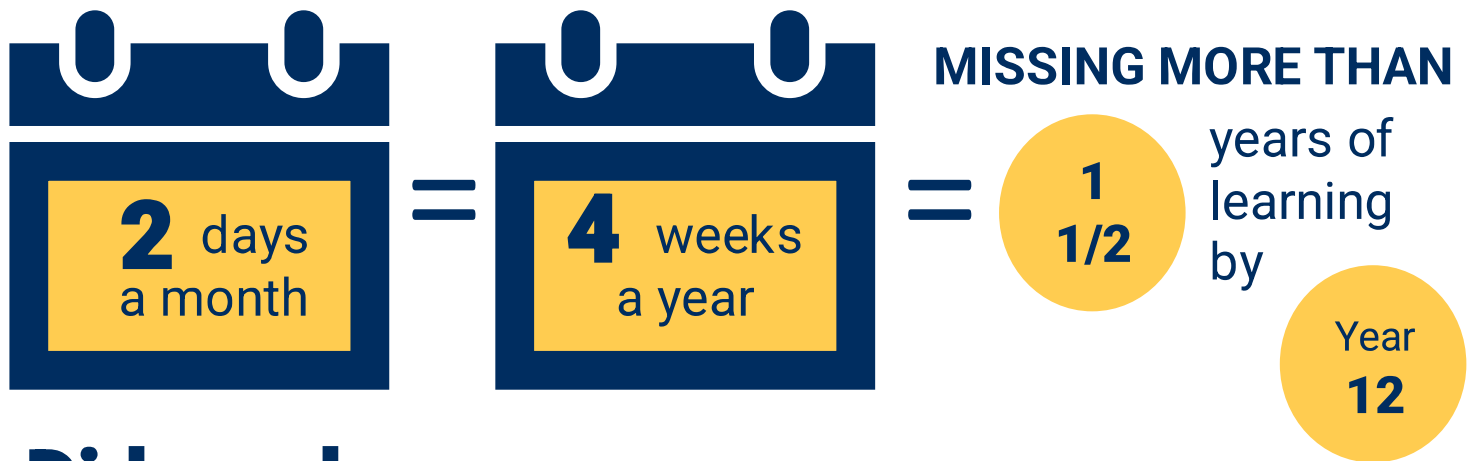
Mollie L (7C2) *"Well done Mollie for receiving a Shout-Out for your contributions in tutor time. You always have a smile on your face and a positive attitude. Keep it up."* **Mrs Leckenby**

Mr Riches
Head of Year 7

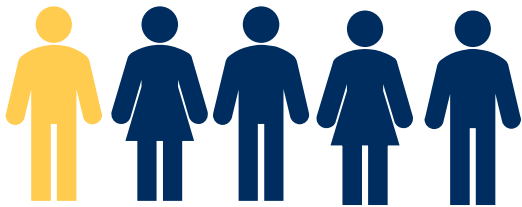
Mrs Briggs
Assistant Head of Year 7

Attendance Matters

every student, on time, every day



Did you know



1 in 5

students don't attend school regularly

It's never too late to improve attendance

- Going to school more often will make a difference
- Attendance habits will follow your child into work and life



Schools are here to help.

What families can do ...

- ✓ Be firm: send your child to school every day, all day, unless they are unwell
- ✓ Develop good sleep and morning routines
- ✓ Schedule appointments and extra-curricular activities outside of school
- ✓ Avoid taking holidays during term time
- ✓ Seek help early before your concerns become serious

Each day missed ...

- Puts your child behind and makes it harder for them to catch up
- Can lead to lower achievement in reading and writing
- Can lead to gaps in learning
- Makes school completion less likely
- Makes the transition into a career less likely to be successful

This term our Year 7 students are reading a selection of poetry and developing their analytical skills.

They have also been working on their argumentative writing and refining their ability to write formal letters.



Teacher Shout-Outs

Isabelle A (7P1) - excellent ATL and great effort
Alicia C (7A3) - stunning effort in class
Ellie F (7C3) - always putting in effort
Harry W (7O3) - enthusiastic, hardworking
Elif K (7O3) - perfect conduct

Year 7 are currently in the process of studying the final parts of the year 7 curriculum in the build-up to the end of year assessment. Students are studying the following topics:

- Lines and angles
- Sequences
- Transformations

The date for the assessment is week commencing the 9th of June.

A list of revision topics are below:

Year 7 End of Year Exam 2025	
Topic	Sparx
Order positive and negative integers.	M527
Use appropriate strategies to multiply and divide mentally	M911
Calculate the median of a set of data	M934
Know and use the order of operations.	M521
Begin to multiply a single positive term over a bracket containing linear terms.	M237
Solve problems using standard units; read scales with accuracy.	M487
Apply the property that the probabilities of an exhaustive set of outcomes sum to 1.	M755
Add and subtract fractions – proper and improper, positive and negative.	M835
Find a specific term in the sequence using term-to-term rules	M381
Order positive decimals as a list with the smallest on the left (decimals should be to 4 or 5 significant figures)	M522
Extend mental methods of calculation to include percentages.	M437
Compare and order fractions, including fractions > 1 .	M335
Divide numbers up to 4 digits by a 2-digit whole number using the formal written method of long division.	M354
Solve problems involving simple ratios	M885, M801
Solve problems involving the relative sizes of two quantities	M478
Use sum of angles in a triangle to find missing angle values.	M351
Estimate the number of times an event will occur, given the probability and the number of trials.	M206
Round to a given number of decimal places.	M431
Calculate and interpret the mean as an average	M940
Substitute positive integers into simple formulae expressed in letter symbols	M208
Write expressions to solve problems representing a situation	M531
Find the theoretical probability of an event happening.	M941
Understand the effect of multiplying by any integer power of 10.	M113
Simplify expressions involving multiplication and division	M795
Plot and draw graphs of straight lines using a table of values given in the form $y = mx + c$	M932
List the properties of each, or identify (name) a given shape	M276

Our Year 7 students are developing a strong foundation in physical education through a varied and exciting curriculum. The focus is on building key skills, promoting teamwork, and encouraging a lifelong love of sport and physical activity.

Cricket

Students learn the fundamentals of batting, bowling, and fielding, alongside game strategy and teamwork. Emphasis is placed on hand-eye coordination and spatial awareness.

Softball

An introduction to this fast-paced bat-and-ball game develops students' throwing, catching, and hitting techniques, while teaching the importance of tactical thinking and communication.

Rounders

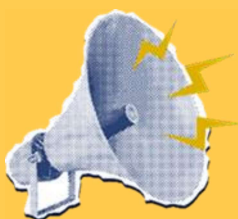
A firm favourite, rounders helps pupils refine striking and fielding skills in a fun, inclusive setting. The game supports cooperation and sharpens decision-making under pressure.

Basketball

Through dribbling, passing, and shooting drills, students gain confidence and coordination. Small-sided games help build fitness and understanding of team dynamics and court positioning.

Table Tennis

Students improve their agility, reflexes, and focus through rallies and friendly competition. This sport offers a great opportunity to develop fine motor skills and concentration.



Teacher Shout-Outs

Crombie M (7C2), Jacob C (7A3)
Harry W (7O3), Isaac F (7C2)
Byren P (7C3), Isobel H (7O1)
Vivian Y (7P1), Rose I (7C2)
and Elif K (7O3)

Our Year 7 students have been developing the final outcomes from their Arthropods and Insects project.

They have looked at the artist, Levon Biss, and experimented with mixed media backgrounds (paint or mono print on top of collaged surfaces).



Teacher Shout-Outs

Vivian Yu (7P1)
Kamile Panseviciute (7O1)
Alicia Chamberlain (7A3)

5 PILLARS OF ISLAM		
	SHAHADAH	Teddy that Allah has the right to be worshipped but Allah is Unknowned to the Messenger
	SALAH	Offering Salah (prayer) five times a day
	ZAKAT	Paying the Zakat (giving alms or charity)
	HAJJ	Going to pilgrimage to the House of Allah at Makkah
	FASTING	Refrain from the month of the Ramadan

This half term, our students in Year 7 have been learning about the religion of Islam, including the 5 Pillars, beliefs about God and the daily life of a Muslim



**Teacher
Shout-Outs**

7Y for excellent Purple Zone activities recently!

Well done!

Year 7 Hispanists have completed their topic of All About me, which saw us visiting Costa Rica and meeting Carla, their pen-pal. They also successfully completed end of unit exams. Their pronunciation is incredible! Well done Year7!

Querida Carla:

(part 1) Acabo de leer tu carta ¿Qué tal? Aquí, estoy un poco mal. Estoy enferma y me quedo en casa. Vivo en Quito en el norte de Ecuador con mi familia pequeña y mi perrito 'Blanca'. Ecuador significa 'Equator' en inglés y está muy lejos de Inglaterra. ¿Dónde vives? ¿Cómo es?


(part 2) Me llamo Ana. Se escribe A-N-A y tengo trece años. Mi cumpleaños es el veintisiete de agosto ¿Cuándo es tu cumpleaños?

(part 3) Vivo con mis padres y mi hermano menor que se llama Pedro. **Cuando sea posible**, con mis amigos, voy al mercado. Vivimos en una casa en Quito pero muchas personas viven en pobreza. Mi casa está en el centro. Hay una montaña cerca de mi casa, ¡es la bomba!

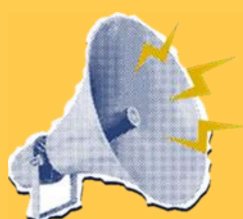
(part 4) **Es importante** mi casa a mi familia. Tiene seis habitaciones; dos dormitorios, una cocina, un baño, un salón y un comedor muy minúsculo. **Mi preferido** es la cocina como me gusta cocinar con mi madre **el fin de semana**.

(part 5) Mi dormitorio está **lleno de color** y ¡es la leche! Tengo que compartir con Pedro pero hay literas ¡qué guay! La mesa está a la derecha de la puerta. En el futuro me gustaría vivir en el campo en una casa grande hecha de madera.

Escribeme un email, Un abrazo, Ana



<p>YEAR 7 – House and Home.</p> <p>Name:.....</p> <p>Teacher:.....</p> <p>Class code:.....</p> <p>Classroom:.....</p> <p>Big Question: What's it like living in Ecuador?</p> <p>Grammar focus: Variety of persons</p>	<p>Why study languages? Learning a language strengthens the area of the brain which is responsible for memory, speech and sensory perception. Bilingual people are better at retaining lists, sequences, names and directions. They are also more creative, perceptive and can concentrate for longer.</p> <p><i>Did you know you could be a.....</i></p> <p>...ESTATE AGENT...</p> <p><i>and work selling properties abroad?</i></p> <p>Help Buyers and Sellers Achieve Their Property Dreams Many real estate agents consider facilitating successful real estate transactions to be the most fulfilling part of their career. Knowing you helped buyers find their dream home or helped sellers maximize their sale price is extremely gratifying.</p>
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**Teacher
Shout-Outs**

Well done to Cherry-Mai S (7C1) for focus in lessons!

Orlando House Updates



Miss R Bishop
Head of Orlando House

It seems crazy that it was only six weeks ago since we completed our Charity Day in aid of WISHH. It seems like so many things have happened since then and that we couldn't have possibly fit it into that amount of time. It also seems crazy that we officially only have seven school weeks left to the end of the school year. Within those seven weeks we have plenty to look forward to including sports day, rewards trips, Year 9 Enterprise day and Year 10 work experience week.

Following on from our charity day on the 2 April, I am pleased to say we raised a massive £1,023.72. This included some huge donations including Poppie A in 801 who raised £101 and Evelyn C in 703 who won an Easter egg after raising £75 and getting 7 entries to the raffle. I just want to say a huge thank you to everyone who took part in the Easter egg hunt and from all students and families who raised money for our amazing charity.

I also wanted to give you all an update on house points as I see all the hard work that students do and how much effort they put into their work. Well done to the following students for having the highest house points so far in their year groups!

Year 7: Dylan B, 701 (2195)
Year 8: Stella W, 803 (1661)
Year 9: Megan T, 902 (1404)
Year 10: Dexter O, 1001 (1474)
Year 11: Georgia C, 1102 (1614)

Portia House Updates



As we step into the exciting and vibrant Summer Term, I am thrilled to share with you the events and opportunities that lie ahead. The days are growing longer, the weather is warming, and there's a renewed sense of energy across the school as we move towards the final stretch of the academic year.



Miss E Foster
Head of Portia House

I continue to be immensely proud of Portia House students as they continue to achieve in lessons, being ready for the school day and in their extra-curricular pursuits. Year 11 are well under way with their GCSE written exams, with practical exams already in the bag, and I wish them continued success for all their hard work and determination.

We have achieved 237, 831 house points so far this year, which is an increase of 25, 855 this term! We remain in second place but are racing towards closing the gap with a view to winning the House Cup.

Top tutor groups this term are:

7P1 – 3334
8P1 – 2877
9P3 – 2222
10P1 – 2315
11P1 – 798

Keep up the great work and let's give it one final push to get back on top.

House Captains

As several of our House Captains are in Year 11 they will be moving on to their further education provision next academic year. Vacancies are advertised for students to apply for on our House board. Once the new team is in place, we will meet regularly to discuss developments for our Charity Day, Sports Day and the new academic year. This is a very exciting time to have some new ideas for Portia House.

House Charity

House Charities are changed bi-annually and we are nearing the end of our affiliation with our charity Downright Special. I am currently sourcing other local charities, who would greatly benefit from our fundraising ventures We will announce our new charity shortly.

Events and competitions

Thank you to all students who entered the 'New Life' competition, capturing various elements of new life and the essence of spring within their shots. Some beautiful woodland and flowers beginning to bud were entered however the winner with their stunning photo of a sleepy ewe with her lambs against a stunning sun rise was Arthur N in 8P3. Artur has received house points and a bag of sweets for his entry, congratulations Arthur!



And finally...

There has been a slight change to the date of our Charity Day which is now **Tuesday 8 July**. Once the new House Captaincy is established, we will be working hard to plan a successful day that will be fun and challenging for all participants. More information to follow.

Cassio House Updates



The first half of the summer term has been a fantastic one for Cassio House, filled with energy, enthusiasm, and a great sense of community spirit.

A huge highlight has been our **Charity Day**, which was a resounding success. The sun shone brightly as students and staff came together to raise funds for **Roux's Army**, with a fun-filled day of activities, including a highly competitive inter-tutor **rounders tournament**. A fantastic effort from all involved! The total amount raised will be revealed in the **Celebration Assembly** after half-term.



Mr E Griffiths
Head of Cassio House



Our creative students have also been busy, submitting fantastic entries into both the **'New Life' photography competition** and the ever-popular **'Cutest Pet' competition** – thank you to everyone who took part and shared their talents (and adorable animals!).

Looking ahead, we are excited to soon announce our **new House Captains** and confirm our **new House Charity** for the next academic year.

As we move into the business end of the **House Cup**, Cassio House is in a **strong position** thanks to the impressive number of **House Points** accumulated by our students over the year.

With **Sports Day** approaching in the final week of term, every participation point will count – and we are aiming high to take home the **Sports Day Cup**!

Let's finish the year strong, team Cassio!



Ariel House Updates



Miss A Deveney
Head of Ariel House

I am proud to share the latest news from **Ariel House**, where our students continue to embody the values of leadership, creativity, and teamwork.

Students were excited to take part in their **Charity Day on Friday 23 May**. Students participated in games, skills and activities to raise money for a cause close to their heart. We will update on funds raised shortly.

Students were asked to collect sponsorship money to participate in the day. We had our charity **Humber Rescue** onsite training us on how to be a member of the lifeguard team. It was a fun and meaningful day.

Recent Highlights:

Inter-House Competition: Ariel House proudly took lots of photos of 'New Life' during the last half term. Well done to all participants!

Easter Raffle: Students raised a massive **£135** from the Hessle Easter Hamper where all money raised will be split between the four house charities. Thank you for all your Easter donations and a massive congratulations to the following winners:

1st Place: Freddie T- 7A2

Runners Up: Alfie D- 7O1 , Keiron S- 10A2 , Will H- 11A2

Focus for this term:

We're emphasizing **leadership, integrity, and inclusion**. Students are encouraged to take on leadership roles in upcoming events and mentor younger peers across year groups as we are soon to welcome the Year 6 transition students to Hessle.

🏆 Students of the Half Term:

Charlie C (9A3)- always working hard around school and is a great member of the Ariel captains' team.

Will H (11A2)- always raising money for our charity and supports every raffle and event that takes place.

Patryk K (8A1)- for going above and beyond with extra-curricular activities and always gives 100%.

As we've moved into the final half term of the year, let's keep the momentum going. Thank you to every student, staff and family member who continues to make Ariel House a vibrant and supportive community. Go Team Ariel! 💜



House Points



235441 242491 230292 216274

Extra Curricular clubs

Please see our **Extra Curricular clubs** available;

Club	Day	Year Group	Club	Day	Year Group
Badminton	Monday	7 to 10	Choir	Wednesday	7 to 11
School Production Rehearsals	Tuesday/ Wednesday/ Thursday	7 to 11	Open Music Rehearsal	Tuesday	7 to 11
Rugby	Monday	7 to 11	Dungeons & Dragons	Friday	7 to 11
Netball	Tuesday	7 to 11			
Fitness/Gym	Wednesday	7 to 10			
Boys Football	Thursday	7 to 11			
Tigers Trust Girls Football	Thursday	7 to 11			
Cheerleading	Friday	7 to 11			
Bridgehead Project	Wednesday	7 to 10			
Scalextric/ Electronics & Greenpower	Tuesday	7 to 10			

Events



British Arts Awards

Well done to Maisie K who competed in the British Arts Awards London 2025! A fantastic performance and placing 3rd In such a tough competition.



both fixtures. With such a strong foundation already in place, the future looks bright for this talented group of players.

VE Day

Students attended talks with Tony and Patrick who are local members of our local Royal British Legion, who spoke to the students about Victory in Europe Day events.



Year 7 Rugby League

The new Year 7 rugby league team has made an impressive start to their journey, recently playing their first friendly match against Beverley Grammar and competing in a cup game against Wolverton School. The team showed great promise, determination, and team spirit in

Year 7 Boys, U15 Boys Cricket

The Yorkshire Cricket Foundation recently hosted an exciting cricket tournament at Cottingham Cricket Club, featuring Year 7 Boys, Under 15 Boys, and Under 15 Girls teams.

The event brought together young talent from across the region, providing a platform for players to showcase their skills in a spirited and supportive environment.

With competitive matches and strong teamwork on display, the tournament highlighted the growing enthusiasm for youth cricket and the Foundation's commitment to developing the next generation of cricketers.



Year 7 Quad Kids

Year 7 boys and girls recently took part in a Quad Kids athletics event, featuring a series of indoor track and field challenges. The event tested a range of athletic skills, including sprinting, jumping, and throwing, in a fun and energetic atmosphere.



Key Dates and Notices

Art Visit

Tuesday 1 July 2025

Sports Day

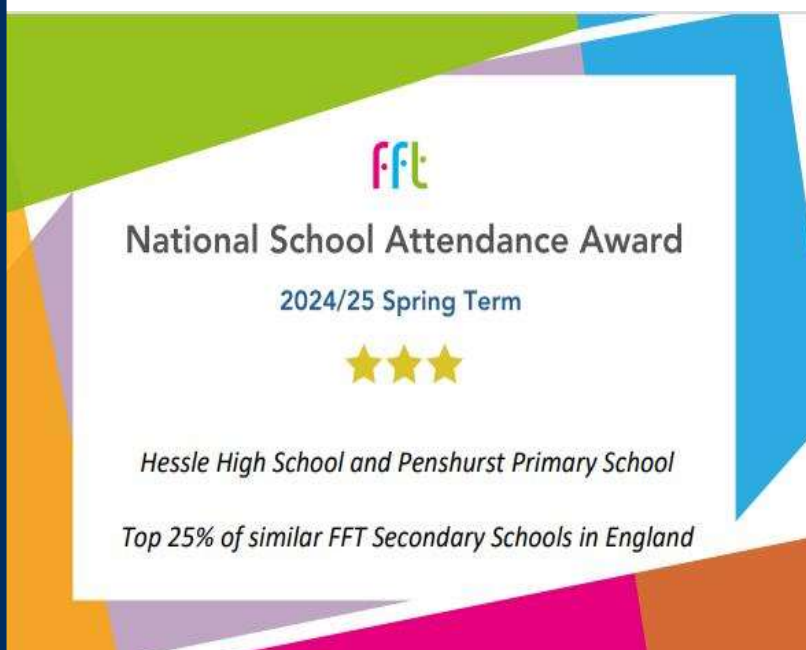
Wednesday 16 July 2025

End of Term (13:45 Finish)

Friday 18 July 2025

If you want to see more of your child online/in our newsletters, please make sure you consent on the Arbor parent portal. To learn more click [here](#).

Please click [here](#) to see all of our term dates



Have your contact details changed?

If you have changed any contact details such as home address, mobile number, email etc. Please update these via the Arbor Parent Portal. Please contact us via office@hessleacademy.com if you have any issues with accessing your account.